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Electronic Communication Policy

I have prepared the following policy because the use of various types of electronic communications puts your privacy at risk and a breach of your privacy would be inconsistent with the law and the standards of my profession. Consequently, this policy has been prepared to safeguard the security and confidentiality of your treatment and to assure that it is consistent with ethics and the law.

If you have any questions about this policy, please feel free to discuss them with me.

Email Communications

I use email communication and text messaging only with your permission (i.e., by your using that mode of communication with me or providing me with your email address/mobile number) and only for administrative purposes. That means that email exchanges and text messages with me should be limited to things like setting or changing appointments, or billing matters. Please do not email me about clinical issues, because although my email is secured and my computer is encrypted, it still may not be a secure way to contact me. If you need to discuss a clinical matter with me, I prefer that you wait for your therapy session, if possible.

Social Media

I do not interact with any of my clients through my personal facebook page, though you are free to follow me on Twitter or my professional Facebook page if you wish. Obviously, I will not respond to personal issues on social media.

Websites

I have a professional website that you are free to access.

Web Searches/Reviews

There is an incredible amount of information available about individuals on the internet, some of which may be inaccurate or unknown. If you encounter any information about me through web searches, or in any other fashion for that matter, please discuss this with me during our time together so that we can deal with it and its potential impact on your treatment.

Some clients review their health care provider on various websites. Unfortunately, mental health professionals cannot respond to such comments and related errors because of confidentiality restrictions. If you encounter such reviews of me or any professional with whom you are working, please share it with me so we can discuss it and its potential impact on your therapy. If for any reason, you have feedback about your work with any health care professional, it is more productive to discuss it with them directly.