

## Curriculum Vitae

**Name:** Bettina Lehnert, Ph.D.  
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**LICENSURE** Arizona #3233  
California PSY 13109 (inactive)  
Massachusetts # 6094 (inactive)

**QUALIFIED** To issue MGL 123, Section 12

**CERTIFIED** EMDR (Eye Movement Desensitization and Reprocessing) Therapist

**MEMBER** American Psychological Association  
Arizona Psychological Association  
National Register of Health Service Providers in Psychology  
EMDRIA ( Eye Movement Desensitization and Reprocessing  
International Association )

### **EDUCATION**

**1990 Ph.D.** California School of Professional Psychology, Los Angeles (Clinical Psychology)  
**1987 M.A.** California School of Professional Psychology, Los Angeles (Clinical Psychology)  
**1985 B.A.** University of California, Irvine (Psychology)

### **HONORS**

Cum Laude  
Phi Beta Kappa member  
Dean's Honor List

### **EMPLOYMENT**

**1991- Present** Self employed private practice Massachusetts and Arizona.  
**2003-2005** Consultant National Day Care Consultation Alliance in association

with Hanna Perkins Center for Child Development /Cleveland Center for Research and Development (CCCRD) at Case Western University. Consultant to Scottsdale Community College's Child Enrichment Center. Supervised by a senior child analyst from the CCCRD.

**1995-1997**

School/Consulting Psychologist Italian Home for Children, Jamaica Plain Massachusetts. Consult to clinical and educational staff regarding clinical, development and learning disability issues. IHC is a 48 bed residential facility for children age 4-14. The therapeutic day school (on grounds) component accepts an additional 20 day students. Responsibilities included: Presentation of psychological testing results at all the school meetings, supervision of masters level clinicians, diagnosing and interviewing new admissions, administering and scoring self report and parent report inventories, helping to develop new admission, assessment and treatment planning procedures and forms, consulting on difficult cases and giving didactic presentations.

**1992-1995**

Assistant Child Psychologist-Joint appointment in the Department of Child and Adolescent Psychology and Psycho-education at McLean Hospital, Belmont, Mass. and Instructor in the Department of Psychiatry, Harvard Medical School. Child and Adolescent Program Day and Partial Service - Coordinator of Younger Children's Program, administrator for adolescents and children. Inpatient Unit Psychologist primarily involved in child and adolescent psychological-educational testing. Extensive collaboration with treatment team and managed care re: most appropriate treatment and disposition. Supervision of research assistants in a pediatric psychopharmacology clinic (run by Drs. Biederman, Coffey and Gellar and affiliated with Mass. General Hospital).

**PRIVATE PRACTICE**

**FEE FOR SERVICE**

**1997-Present**

Individual Private Practice-, Scottsdale, AZ. Child, adolescent, adult, couples, family, individual therapy and EMDR.

**1991-1997**

Individual Practice Westwood and Belmont, MA offices-Child, adolescent, adult, couples and family, individual and group psychotherapy and psychological testing. This includes significant experience with managed care and short-term problem oriented treatment.

- 1996-1997** Collaborations in Clinical Care (Canton and Westwood, MA)- child, adolescent and adult individual and group psychotherapy, family therapy, couples therapy, parent guidance and psychological testing with all ages.
- 1995-1997** Staff Consulting Psychologist Italian Home for Children, Boston, Massachusetts
- 1992-1993** McLean Hospital Staff Practice- Individual, family, and couples therapy.
- 1992-1993** Dana Group Associates, Needham, MA. Groups with children and adolescents. Individual and family treatment and parent guidance.
- 1991-1992** Psychological Testing- McLean Hospital Children's Inpatient Unit

### **APPOINTMENTS**

- 1992-1995** Clinical Instructor, Harvard Medical School, Dept. of Psychiatry, Boston, MA.
- 1992-1995** Assistant Attending Child Psychologist- Joint appointment in the Department of Child and Adolescent Psychology and Psychoeducation at McLean Hospital, Belmont, Mass. and clinical instructor in the Department of Psychiatry, Harvard Medical School.
- 1990-1992** Post-Doctoral Fellow, Harvard Medical School, Dept. of Psychiatry, Boston, MA
- 1988-1989** Clinical Fellow, Harvard Medical School, Dept. of Psychiatry, Boston, MA.

### **HOSPITAL PRIVILEGES**

- 1990-1997** McLean Hospital, Belmont, MA.

### **TRAINING**

#### **Post Doctoral Fellowship**

- 1990-1992** Post Doctoral Fellow in Psychology and Psychoeducation at McLean Hospital, Belmont, Mass.  
Clinical Fellow in the Department of Psychiatry, Harvard Medical School.

### **INTERNSHIPS**

- 1988-1989** Clinical Fellow in Psychology in the Department of Psychiatry- Harvard Medical School /  
Massachusetts Mental Health Center, Boston, MA. APA approved full-time internship in the

**1987-1988** Division of Child Psychiatry.  
Psychology Intern (half-time) in Clinical Child Psychology, South Bay Child Guidance Clinic, Los Angeles, CA.

### **PRACTICUM**

**1986-1987** Clinical Practicum, Counseling Center, University of California, Irvine.

### **VOLUNTEER**

**1984** Tutor. Chile Development Center. Irvine, CA.

### **RESEARCH**

**1987-1988** Research Assistant. Dr. Marilyn Jacobs, Los Angeles, CA.

**1987** Data Analyst, Dr. Stephen Kierulff, California School of Professional Psychology, Los Angeles.

**1985** Student Researcher, California School of Professional Psychology, Los Angeles (Peace Studies)

**1984-1985** Student Researcher- Independent Project, University of California, Irvine (Experimental Psychology Class).

**1984-1985** Research Assistant, University of California, Irvine (Child Language Acquisition).

### **TEACHING**

**1993-1994** Coordinator of Child Therapy Seminar for child and adolescent psychology interns and practicum students, McLean Hospital, Belmont, MA.

**1992** Discussant for Final Oral Presentation of a dissertation by James Whelan, Massachusetts School of Professional Psychology.

**1989-1990** Teaching Assistant, Dr. Anthony Zamudio, California School of Professional Psychology, Los Angeles. Clinical Interviewing.

### **COMMITTEES**

**1992-1993** Quality Assurance Committee- Child Psychology, McLean Hospital

**1993-1994** Medical Records Committee, McLean Hospital

## **SPECIAL TRAINING**

- 2000-2001** Eye Movement Desensitization and Reprocessing Levels 1&2  
**1991** Substance Abuse Treatment- Boston University School of Social Work, Extension Course  
**1986** Systemic Training for Effective Parenting (STEP) California School of Professional Psychology

## **OTHER RELATED ACTIVITIES – MEDIA**

- 2015** Arizona Republic- "Boivin- Six Years Later Buckeyes' Meyer no longer 'broken.' 12/31/15
- 2015** The List - Heartbroken Over Hollywood Breakups, 8/14/15
- 2013** CBS 5 New Year's Resolutions, Where Do You Start? 12/31/13
- 2012** KTAR 92.3 FM Radio Interview, The Karie & Chuck Show: Family in Focus, Over Scheduled Families/Children 10/24/12
- 2011** KTAR Radio interview on Retail Therapy- The Morning News Show 4/11/11
- 2011** Arizona Republic 4/4/11 page A1
- 2010** Arizona Republic- page A1 "For Many Seniors, athletics more than just exercise."
- 2009** Channel 15 Interview on How to deal with Extravagant Christmas Wishes- "What do they Want" 12/15/09
- 2008** Channel 10 Fox News Interview
- 2007** Arizona Republic- page A1 "Cards Optimism is back: dare we hop on bandwagon?" Aug. 30, 2007
- 2007** Empowering Our Children.org- 1 hour interview radio show- "Raising Responsible Children" June 5
- 2007** Channel 3 News – Interview re: Psychological Impact of Websites Such as HotEnough.org
- 2006** Baby First TV (Direct TV Network), Four segments on Spoiling, Good Habits, and Fears
- 1993** Radio Interview The Advantages and Disadvantages of Home Schooling-Christian Science Monitor Radio

## **SPECIAL COMPETENCIES**

Fluent German  
EMDR (Eye Movement Desensitization and Reprocessing)  
Individual and Group Therapy with Children and Adolescents

Family and Couples Therapy

Attention Deficit Disorder

Survivors of Trauma

Psychological Assessment of Children and Adolescents (previously)